COURSE SYLLABUS

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SECTION 1: COURSE INFORMATION

Format: 8 weeks.

Course ID: CORE 1111

Course Title: Community and College Success

College: Unrestricted Education

Prerequisites: None

Credit Hours: 1

Instructor: See the online course in MyFIRE for instructor contact information and availability.

Course Description

This course is an academic introduction to the Southeastern University community and the varied resources available focusing on whole-person success. The course focuses on the college experience, belonging, personal and community awareness, successfully navigating life transitions. Students will introspectively and collaboratively discover how to live and work according to God's call on their life.

Course Workload

Time spent on course assignments will vary by student depending on familiarity with course content, reading rate of speed, writing rate of speed, and other individual factors. Based on averages for most students, it is estimated that the course workload estimate for this course is 5 hours per week.

Course Materials

Strengths Finder 2.0 access code.
Required and optional textbooks are accessed and ordered through SEU's bookstore.

Disclaimer: The resources utilized in this course provide information, thoughts and insights that should encourage critical thinking on the part of the student. Please note as well that as an Assembly of God institution, Southeastern University does not necessarily endorse specific personal, religious, philosophical, or political positions found in these resources.

Intended Learning Outcomes

As a result of reading, study, and assessments in this course, the student should be able to:

1. Apply the mission, values, and traditions of Southeastern University to personal, academic, and professional goals.
2. Align SEU Network resources to whole person growth during and after college.
3. Demonstrate essential academic skills, behaviors, and self-awareness necessary for success in college-level courses.
4. Outline how Christian and ethical principles are aligned to leadership, civic and community engagement, diversity, and personal well-being.

Late Work

None

Extra Credit

None

SECTION 2: SOUTHEASTERN POLICIES

Academic Policies

View this link to see Southeastern's Policies regarding SEU's Mission and Vision Statements, Title IX Statement, Student Services, Class Participation, Official Email, MyFIRE Use, Technical Difficulties, Technical Support, Disability Statement, Academic Honesty, Course Evaluation, Official Withdrawal, Grading Scale, and Netiquette.

SECTION 3: COURSE SCHEDULE

The **Course Schedule** provides a listing of your work in this course. The assessments are listed by Module and include the due dates and point values.

Note: Assignments are due by 11:59 p.m. EST on the due date, unless otherwise noted.

AIM, LEARN, AND APPLY DESCRIPTIONS

Aim

When you see the Aim icon, you will be introduced to topics and ideas that will be covered throughout this module. The AIM will also provide you with a glimpse into your learning objectives and an introduction to this module.

Learn

When you see the Learn icon, all of your reading assignments will be listed and may include additional resources that your instructor is providing to help you complete the activities and assessments for the module.

Apply

 When you see the Apply Icon, it will be time to demonstrate your learning for the module. The items here are those in which you'll be graded and may include discussions, activities, assignments, quizzes, exams, and projects.

MODULE 1

3/6/24 - 3/12/24

Aim

- Understand the mission and vision of SEU
- Articulate the meaning of "SEU Network"
- Become oriented with the course expectations
- Set up an appointment with ACE or use the online tutoring platform in MyFire to improve upon a draft of a written assignment for another class
- Articulate the location and purpose of the Academic Center for Enrichment (ACE)
- Describe SEU's Academic Advising model
- Access online tutoring through learning platform

Learn

- **Read** course syllabus, SEU's website (mission, vision, dignity)
- **View:** Additional resources provided in the course

Apply

- Video Introduction
    - Due: Tuesday

MODULE 2:
3/13/24 - 3/19/24

Aim

- Describe resources for resolving academic issues
- Describe academic integrity
- Demonstrate mastery of the academic success module
- Outline time management tips for college students
- Describe how time management changes post-college
- Personalize the concept of time management

Learn

- **View:** Additional resources provided in the course

Apply

- Academic Success Presentation
  - Due: Tuesday
  - Points: 200

MODULE 3:

3/20/24 - 3/26/24

Aim

- Summarize *Margin*
- Synthesize time management and academic success
- Differentiate between CORE courses
- Apply principles of time management
- Provide rationale for setting goals
- Create SMART goals
- Interpret practicum course requirements

Learn

- **View:** Additional resources provided in the course

Apply

- Time Management Document
    - Due: Tuesday
    - Points: 200

MODULE 4:

3/27/24 - 4/2/24

Aim

- List self-awareness workshops and resources
- Explore strengths, personality types, emotional intelligence assessments
- Compile results of self-awareness assessments
- Explain self-awareness assessment results
- Summarize self-awareness assessment results into introductory speech

Learn

- **View:** Additional resources provided in the course

Apply

- Self-Awareness Assessment Results
    - Due: Tuesday
    - Points: 100

MODULE 5:

4/3/24 - 4/9/24



Aim

- Describe the modes of inquiry
- Personalize modes of inquiry
- Apply modes of inquiry to workforce
- Create Handshake profile



Learn

- **View:** Additional resources provided in the course

MODULE 6:

4/10/24 - 4/16/24

Aim

- Synthesize the concepts of self-awareness, time management, and academic success
- Analyze Discipleship Wheel results
- Demonstrate mastery of self-awareness module
- Define whole person health (wellness)
- Use telehealth platform

Learn

- **View:** Additional resources provided in the course

Apply

- Self-Awareness Reflection
  - Due: Tuesday
  - Points: 30
- Assignment for Module 6
  - Due: Tuesday
  - Points: 40

MODULE 7:
4/17/24 - 4/23/24

Aim

- Select mental health workshops.
- Define self-care.
- Evaluate the spiritual disciplines.
- Analyze a self-care plan.

Learn

- **View:** Additional resources provided in the course

Apply

- Self-Care Plan
    - Due: Tuesday
    - Points: 150

MODULE 8:

4/24/24 - 4/30/24

Aim

- Articulate concepts of healthy movement
- Present whole person health learnings
- Demonstrate mastery of wellness module
- Demonstrate mastery of the course ILOs

Learn

- **View:** Additional resources provided in the course

Apply

- Intentional Wellness Journal
    - Due: Tuesday
    - Points: 200

SECTION 4: ASSESSMENTS

Badges and Badging Tasks Marked with *.

Academic Success Presentation*

Description

You will create a slideshow that discusses academic success. Students earning a grade of 70% or higher will earn the Academic Success Badge* and demonstrate mastery of ILOs 1 and 3.

Total Possible Points

200

Grade Weight

20%

Time Management Document*

Description

You will ompose a document addressing time management and your time management goals. Save the document as .docx or .pdf and upload the document into MyFire. Students earning a grade of 70% or higher will earn the Time Management Badge* and demonstrate mastery of ILO 2.

Total Possible Points

200

Grade Weight

20%

Self-Awareness Assessment Results

Description

Students will complete 3 or more self-awareness assessments. Save the results from each assessment and upload them as one document as .pdf into MyFire.

Total Possible Points

100

Grade Weight

10%

Self-Awareness Reflection*

Description

Based on your key learnings from your personal results from the StrengthsFinder 2.0 and 2 or more other personality inventories you completed on your own compose a reflection. Save the reflection and upload it into MyFire. Students earning a grade of 70% or higher will earn the Self-Awareness Badge* and demonstrate mastery of ILO 3.

Total Possible Points

150

Grade Weight

15%

Self-Care Plan

Description

Create a slide presentation outlining your self-care practices. You will also need to complete a Strengths and Opportunities analysis of your self-care. Save your plan as .pdf and upload it into MyFire.

Total Possible Points

150

Grade Weight

15%

Intentional Wellness Journal*

Description

Create a 7 Day Intentional Wellness Journal to include a digital fast, movement entries, and spiritual disciplines entries. For 7 days, implement both a digital fast (social media/TV or streaming/gaming/device use for a certain timeframe per day) and daily movement. During the same week, choose one of the 9 spiritual disciplines (as outlined in class) to implement. Students earning a grade of 70% or higher will earn the Wellness Badge* and demonstrate mastery of ILOs 1 and 4.

Total Possible Points

200

Grade Weight

20%